



REFERRING PROFESSIONALS AND APPLICANTS: PLEASE READ!

The Clubhouse is a supportive community for adults living with a history of mental illness

Mental illness is complex and often misunderstood. Here are some common misconceptions:

- Mental illness is **not** an intellectual, learning or developmental disorder.
- You can have a history of substance abuse and not have a mental illness.
- Autism and Asperger's Syndrome alone are not considered a mental illness.
- Traumatic brain injury is not considered a mental illness.

If you have one of the conditions above, the Clubhouse may not be right for you.

If we're not right for you, **we'd be happy to connect you to other resources.**

At Clubhouse Tulsa, we serve individuals with a primary diagnosis of the following types of conditions:

Schizophrenia Spectrum and other Psychotic Disorders, Bipolar and Related Disorders, Depressive Disorders, and Anxiety Disorders

What makes the Clubhouse a special community to be a part of

- You are welcomed to be here as a person, not as a patient – we are not treatment
- Our focus is on relationships, skills, and **your strengths**—not on your illness
- Attendance is voluntary so you can attend as often as you'd like, for as long as you'd like

What kind of benefits and help can you get at the Clubhouse

Our members receive support in many ways by being part of the Clubhouse, these benefits include:

- | | |
|---|-----------------------------------|
| → Meeting new people and potential friends | → Getting help in finding jobs |
| → Having somewhere to go during the day | → Getting help in finding housing |
| → Having access to nutritious low-cost meals | → Help in gaining more confidence |
| → Having access to exercise classes and equipment | → Learning to be more independent |

If you have a history of mental illness, here's what we ask of our members:

- Be at least 18 years old
- Be willing to refrain from alcohol / illegal drug use while at the Clubhouse
- Be active in your own personal wellness and/or recovery plan
- Be able to provide your own self-care while at the Clubhouse
- You cannot pose a mental, physical, or emotional threat to yourself or others at Clubhouse

If this sounds like a good fit for you, please fill out an application and return to Clubhouse Tulsa. We look forward to meeting you!

925 S. Yale Ave.
Tulsa, OK 74112



Phone: 918.749.2141
Fax: 918.749.2150

APPLICATION FOR MEMBERSHIP

Please carefully read and print all answers. Answer all questions completely. Today's Date: ___/___/___

The APPLICANT must complete pages 1-2.
REFERRING AGENCY: SEE PAGES 3-4

PERSONAL INFORMATION

Name: First: _____ M.I.: _____ Last: _____
Preferred Name: _____ Maiden Name: _____
Phone: () _____ Alternative Phone: () _____
Email: _____

Date of Birth: ___/___/_____
Applicant's Mailing Address: _____
City: _____ State: _____ Zip: _____

Gender: _____
Are you a military veteran? Yes No
Race (check all that apply): Black or African American White American Indian/Alaska Native
 Asian Pacific Islander or Native Hawaiian Latino/Hispanic

Language(s): English Primary Other (please specify) _____
How did you hear about Clubhouse Tulsa? _____

Housing Type: Independent (Home/Apartment, Alone/With Roommate) With Family
 Other (please specify): _____

Do you have a guardian? Yes No If yes, name and phone number: _____
Form of Transportation: _____

Have you ever been arrested for a misdemeanor? Yes No
If yes, were you convicted? Yes No
Have you ever been arrested for a felony? Yes No If yes, were you convicted? Yes No
If yes, did it involve violence? Yes No

Please explain: _____

Why do you want to attend Clubhouse Tulsa?

EMPLOYMENT STATUS

- Full Time (32 hours per week or more) Part Time (Less than 32 hours per week)
 - Day Labor (Selected to work each day at employment agency)
 - Contract Labor (Selected to work on jobs or projects for a limited period of time)

 - No job at this time and I am not looking No job at this time and I am looking for employment
- Employment held for longest time period: _____
 (If you are looking) What type of work would you like to do? _____

MEDICAL HISTORY

- MEDICAL ALERTS (CHECK ALL THAT APPLY) Chronic Physical Illness Severe Allergic Reactions
- Deaf/Hearing Impairment New Psychiatric Medication Blind/Vision Impairment
- Recent Surgery Epilepsy/Seizures Diabetes Asthma Hypertension
- Other Physical Disability (please specify): _____
- Do you have a medical marijuana license: Yes No
- If yes, who prescribed the license? _____
- Emergency Contact: Name _____ Phone: () _____

PSYCHIATRIC HISTORY

- Total Number of Hospital Admissions: _____
- Estimate Total of all Hospitalizations: 1-4 Weeks 1-2 Months 2-6 Months 6 Months-1 Year More than 1 Year 2+ Years
- Date of most recent inpatient hospitalization: _____
- How long in outpatient treatment? _____
- What does your current recovery plan look like? _____
- _____
- Who is your current mental health treatment provider (please include agency name): _____
- _____

To the best of my knowledge the above information is accurate.

Signature of Applicant: _____

Date: _____

| |
|---|
| For office use only: |
| Application Received: _____ |
| Treatment Providers Portion Received: _____ |
| Invite for Half Day/Interview Sent: _____ |
| Half Day/Interview Completed: _____ |
| Approved/ Denied (circle one) Letter Sent to member & referring agency: _____ |
| Additional Notes: |

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Mental Health History Form

*Pages 3-4 must be *completed and signed* by your mental health treatment provider licensed to diagnose in Oklahoma. (M.D., D.O., A.P.R.N., LPC, LCSW, Ph.D. Clinical Psychologist).

Please see “About Clubhouse Tulsa” on the front of the application to help determine if Clubhouse Tulsa will be an appropriate fit for your client.

The Clubhouse Model best serves individuals with Schizophrenia Spectrum and other Psychotic Disorders, Bipolar and Related Disorders, Depressive Disorders, and Anxiety Disorders.

Name of Applicant (please print): _____ Applicant’s DOB ____/____/____

1. Primary Diagnosis/Diagnoses

Schizophrenia Spectrum: _____

Psychotic Disorders: _____

Bipolar & Related: _____

Depressive Disorders: _____

Anxiety Disorders: _____

Other: _____

2. Co-occurring Disorders

Personality Disorders: _____

Intellectual Disability: _____

Substance Abuse: _____

Autism Spectrum: _____

Traumatic Brain Injury: _____

3. History with Alcohol

| | Yes | No |
|---|--------------------------|--------------------------|
| a) Has applicant had a problem with alcohol? | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Does applicant want help with an alcohol problem? | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Has applicant completed treatment for an alcohol problem? | <input type="checkbox"/> | <input type="checkbox"/> |
| d) Is applicant currently in treatment or in a support group? | <input type="checkbox"/> | <input type="checkbox"/> |

4. History with Substance Use/Abuse

Yes

No

- a) Has applicant had a problem with substance use/abuse?
- b) Does applicant want help with a substance use/abuse problem?
- c) Has applicant completed treatment for a substance use/abuse problem?
- d) Is applicant currently in treatment or in a support group?

| | |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Please provide documentation of successful substance abuse/alcohol treatment program

Substance Abuse/Alcohol Notes: (Include Type of Drug, Amount, and Frequency)

5. How long has applicant been substance /alcohol free?

6. Are you aware of ANY violent behaviors or incidents that the applicant exhibits or has been involved in?

Yes No

If yes, please describe: _____

7. Does the applicant receive services from a P.A.C.T. team, or similar services? Yes No

If yes, list contact name, email, and direct phone number.

Diagnosing Provider: (print name) _____

*** Phone Number:** _____

***Email Address:** _____

Provider Signature: _____ **Date:** _____

If candidate is under supervision, supervisor must sign.

**We must have contact information to accept the application.*